

**EFL PRESERVICE TEACHERS' PERCEPTIONS OF REFLECTIVE  
TEACHING JOURNAL WRITING**



**RESEARCH PAPER**

submitted in partial fulfillment of the requirements for the degree of  
Sarjana Pendidikan at English Education Department

**By**

**HARDIYANI NUR**

**NIM: 16010106002**

**FACULTY OF EDUCATION AND TEACHER TRAINING  
INSTITUT AGAMA ISLAM NEGERI KENDARI**

**KENDARI**

**2022**

## APPROVAL SHEET

TITLE : EFL PRESERVICE TEACHERS' PERCEPTIONS OF  
REFLECTIVE TEACHING JOURNAL WRITING  
NAME : HARDIYANI NUR  
SID : 16010106002

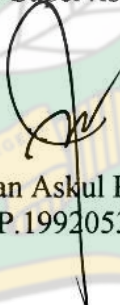
This research paper draft has been approved by the supervisor on October 28<sup>th</sup>,  
2021 for further research paper examination.

Supervisor,

Co-Supervisor,



Dr. Sitti Nurfaidah, M.Ed.  
NIP. 197704172009012004



Ilfan Askul Pehala S.Pd., M.Hum.  
NIP.199205312019031010



**KEMENTERIAN AGAMA REPUBLIK INDONESIA  
INSTITUT AGAMA ISLAM NEGERI KENDARI  
FAKULTAS TARBIYAH DAN ILMU KEGURUAN**

Jalan Sultan Qaimuddin No. 17 Kelurahan Baruga, Kendari Sulawesi Tenggara  
Telp/Fax. (0401) 3193710/ 3193710

Email : [iainkendari@yahoo.co.id](mailto:iainkendari@yahoo.co.id) website : <http://iainkendari.ac.id>

**LEGALIZATION SHEET**

This is to certify that research paper by Hardiyani Nur, SID 16010106002, entitled "EFL Preservice Teachers' Perceptions of Reflective Teaching Journal Writing" has been presented in the research examination on 15<sup>th</sup> August, 2022 and approved by the Board of Examiners.

Kendari, 15<sup>th</sup> August, 2022  
17 Muharram 1444 H

**BOARD OF EXAMINERS**

Chair : Dr. Sitti Nurfaidah, S.Pd., M.Ed. (.....*Sitti Nurfaidah*.....)

Secretary : Ilfan Askul Pehala, S.Pd., M.Hum. (.....*Ilfan Askul Pehala*.....)

Members : Abdul Halim, S.Pd., M.TESOL (.....*Abdul Halim*.....)

: Nurhasanah Safei, M.Pd. (.....*Nurhasanah Safei*.....)

Approved by,  
Dean of the Faculty of Education and Teaching Training

*[Signature]*  
Dr. Masdin, M.Pd.  
NIP. 196712311999031065

*Visi Program Studi Tadris Bahasa Inggris (TBI):  
"Menghasilkan tenaga pendidik pada bidang pendidikan Bahasa Inggris yang berkualitas, berkepribadian Islami, dan  
berwawasan transdisipliner pada tahun 2025"*

## DECLARATION OF AUTHORSHIP

I am Hardiyani Nur SID.16010106002; hereby certify that the research result entitled “EFL Preservice Teachers Perceptions of Reflective Teaching Journal Writing” under the supervision of Dr. Sitti Nurfaidah, S.Pd., M.Ed. and Ilfan Askul Pehala., S.Pd., M.Hum. is my original work and helped by the expert of this matter and it has been obtained and presented under academic rules and ethical conduct of IAIN Kendari. It is written and published as a requirement for the degree of Sarjana Pendidikan at English Education Program, Tarbiyah, and Teacher Training Faculty at IAIN Kendari. For this reason, I am responsible for the research paper, if there is any objection or claim from others I will take full responsibility for this.

Kendari, August 15<sup>th</sup>, 2022



Hardiyani Nur  
SID. 16010106002

**HALAMAN PERNYATAAN PERSETUJUAN PUBLIKASI TUGAS  
AKHIR UNTUK KEPENTINGAN AKADEMIS**

Sebagai sivitas akademik Institut Agama Islam Negeri Kendari, saya yang bertanda tangan di bawah ini:

Nama : Hardiyani Nur  
NIM : 16010106002  
Program Studi : Tadris Bahasa Inggris  
Fakultas : Tarbiyah dan Ilmu Keguruan  
Jenis Karya\* : Skripsi

Demi pengembangan ilmu pengetahuan, menyetujui untuk memberikan kepada Institut Agama Islam Negeri Kendari Hak **Bebas Royalti Noneklusif** (*Non-exclusive Royalty- Free Right*) atas karya ilmiah saya yang berjudul:

**“EFL Preservice Teachers’ Perceptions of Reflective Journal Writing”**

Beserta perangkat yang ada (jika diperlukan). Dengan Hak Bebas Royalti Non eksklusif ini Institut Agama Islam Negeri Kendari berhak menyimpan, mengalih media/formatkan, mengelola dalam bentuk pangkalan data (*database*), merawat, dan mempublikasikan tugas akhir saya selama tetap mencantumkan nama saya sebagai penulis/pencipta dan sebagai pemilik Hak Cipta. Demikian pernyataan ini saya buat dengan sebenarnya.

Dibuat : Kendari

Pada tanggal : 15 Agustus 2022

Yang menyatakan,



Hardiyani Nur  
NIM. 16010106002

## ACKNOWLEDGEMENT

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Alhamdulillah, praise and thank be to Allah *Subhanahu Wa ta'ala*, the Lord of the world. Thanks for all His blessings and everything given to me in completing my study and finishing this research paper. Peace be upon our prophet Muhammad *shallallahu'alaihi wasallam* who has guided us from the darkness to the lightness. To my parent Uddin Basir and Nurtina, as my hero and my beloved parent, thank you for always supporting and evoking my name in every prayer. As much gratitude will never be enough to give as good as you have given in my life. They always believed that I can finish my study well and be successful immediately.

In the process of completing this research paper, I do realize that it would not be done without help, support, encouragement, contribution, and suggestion from several sides. Thus, I would like to express my deepest gratitude to all of those who had helped, supported, encouraged, contributed, and suggested to me during the process of accomplishing this research paper. This goes to:

1. Prof. Dr. Faziah Binti Awad, M.Pd., the Rector of Institut Agama Islam Negeri Kendari.
2. Dr. Masdin, M.Pd., the Dean of the Faculty of Tarbiyah and Teacher Training.
3. Abdul Halim, MA. TESOL, the Head of the English Education Department. He is the best motivator in English Department, the best lecturer that I found, and also my examiner and lecturer who always have a way to break the ice,



and who are never bored and tired in guiding the author in writing this research. He is friendly, and awesome, and always makes me critical when doing something. Beyond that, I can understand the way to be myself and life with critical thinking to accept the information. From the deepest of my heart, thank you for the valuable knowledge and valuable time in teaching us.

4. Dr. Sitti Nurfaidah, S.Pd., M.Ed., as my great supervisor who has given advise and motivation. Thank you so much for helping me patiently finish this paper by giving suggestions, guidance, and correction from the preliminary manuscript until the completion of this paper. Thank you for all the precious knowledge which have been shared and taught to me.
5. Ilfan Askul Pehala, S.Pd., M.Hum., as my great second supervisor in IAIN Kendari. Thanks for being helpful and spending a lot of time checking my research paper. You are a limited lecturer in the world. You are so meticulous lecturer that I found. You are also friendly in every teaching process, humble, and humorous but you are still fair when assessing. Big thanks to you for always giving me the motivation to finish my study.
6. Nurhasanah Safei, M.Pd., as my examiner and lecturer who always has a way to break the ice, who is never bored and tired of guiding the author in writing this research, and also directing and guiding in my writing. Someday, I want to become a teacher or lecturer like you, who never bore the students in the classroom. Thank you for helping me to finish this study.
7. Isna Humaera, S.Ag., S.Pd., M.Pd. for all the precious knowledge which has been taught to me.

8. All of the lecturers of IAIN Kendari for all the knowledge which has been shared.
9. All the staff of the Faculty of Tarbiyah and Teacher Training for being nimble in assisting and sharing any information about lectures.
10. All of my friends in TBI 16 and 17, especially Liani, Riza, Sintiya, and all my friends, thank you so much for your friendship and support.
11. My beloved sister Hana, Hawa, and my twin Hardiyana, thank you so much for supporting me to finish my study.
12. All my friends in TBI 16 and TBI 17, thanks a lot for your friendship and support.

To all my friends in the English education department program in IAIN Kendari, and also friends from other study programs who cannot be mentioned one by one. Last but not least, I would like to say thanks to anyone who cannot be mentioned one by one. It does not mean that I forgot about you. My deepest appreciation is dedicated to all of you. I also realize that this research paper is still far from being perfect. I hope that this research paper is useful for readers.

Kendari, August 15<sup>th</sup>, 2022

The Writer,



Hardiyani Nur



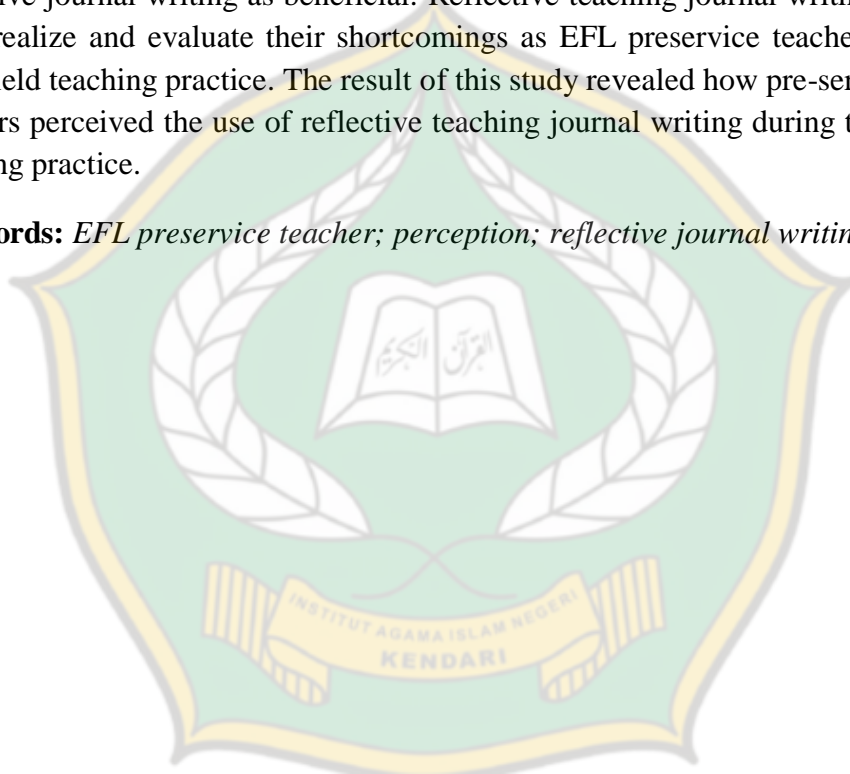
## ABSTRACT

Hardiyani Nur /SID 16010106002. “EFL Preservice Teachers Perceptions of Reflective Journal Writing”. Supervised by: Dr. Sitti Nurfaidah, S.Pd., M.Ed. and Ilfan Askul Pehala, S.Pd., M.Hum.

---

This study investigates EFL preservice teachers' perceptions of reflective teaching journal writing use. Data were collected from preservice teachers' reflections. This research involved 10 English education major students. The result of this study revealed that most of the preservice teachers perceived reflective journal writing as beneficial. Reflective teaching journal writing helped them realize and evaluate their shortcomings as EFL preservice teachers during their field teaching practice. The result of this study revealed how pre-service EFL teachers perceived the use of reflective teaching journal writing during their field teaching practice.

**Keywords:** *EFL preservice teacher; perception; reflective journal writing*



## TABLE OF CONTENTS

TITLE PAGE .....	i
APPROVAL SHEET .....	ii
LEGALIZATION SHEET .....	iii
DECLARATION OF AUTHORSHIP .....	iv
PUBLICATION AGREEMENT .....	v
ACKNOWLEDGEMENT .....	vi
ABSTRACT .....	ix
TABLE OF CONTENTS .....	x
LIST OF TABLES .....	xi
CHAPTER I: INTRODUCTION .....	1
1.1 Background of Study .....	1
1.2 Scope of Study .....	6
1.3 Research Question.....	6
1.4 Purposes of Study.....	6
1.5 Significance of Study .....	6
1.6 Definition of Key Terms .....	7
CHAPTER II: LITERATURE REVIEW .....	
2.1 Theoretical Framework .....	9
2.1.1 EFL Preservice Teachers.....	9
2.1.2 Definition of Reflection .....	13
2.1.3 Reflective Teaching .....	18
2.1.4 Reflective Journal .....	22
2.2 Previous Study .....	26
CHAPTER III: METHODOLOGY .....	
3.1 Research Design .....	35
3.2 Setting and Context .....	35
3.3 Participants.....	35
3.4 Data Collection .....	36
3.5 Instrument of Study .....	37
3.6 Data Analysis .....	39
CHAPTER IV: FINDINGS AND DISCUSSION .....	
4.1 Findings .....	
4.1.1 EFL Preservice Teachers' Perceptions of Reflective Teaching Journal Writing .....	42
4.1.1.1 Benefits of Reflective Journal Writing.....	43
4.1.1.2 Building Preservice Teachers' Enthusiasm.....	44

4.1.1.3 Developing Enjoyment in Writing Teaching Experience .....	45
4.1.1.4 Increasing Preservice Teachers' Motivation to Teach .....	48
4.1.2 Preservice Teachers' Awareness of Reflective Teaching Journal .....	51
4.1.2.1 Preservice Teachers' Perceptions of Reflective Teaching Journal Experience .....	51
4.2 Discussion .....	54
 <b>CHAPTER V: CONCLUSION</b>	
5.1 Conclusion .....	59
5.2 Limitations .....	60
5.3 Recommendation.....	60
5.3 Pedagogical implication.....	61
 <b>REFERENCES</b>	
 <b>APPENDICES</b>	
Appendix 1: Matrix of the study .....	72
Appendix 1: Research Permit.....	72
Appendix 2: Curriculum Vitae.....	73

