

**EFL STUDENTS' PRACTICES OF SELF-REGULATED LANGUAGE
LEARNING IN SPEAKING**



RESEARCH PAPER

Submitted in partial fulfillment of the requirements for the degree of
Sarjana Pendidikan of English Education Department

By:

SRI RAHAYU S

SID: 19010106051

FACULTY OF EDUCATION AND TEACHER TRAINING

INSTITUT AGAMA ISLAM NEGERI KENDARI

KENDARI

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APPROVAL SHEET

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NAME : Sri Rahayu S

SID : 19010106051


This research paper has been approved by the supervisor on 2nd October, 2022 for further research paper examination.

First Supervisor,

Second Supervisor,



Abdul Halim, S.Pd., M.TESOL
NIP: 197912312006041006



Sarjaniah Zur, S.Pd., M.Pd
NIP: 198501262018012001





**KEMENTERIAN AGAMA REPUBLIK INDONESIA
INSTITUT AGAMA ISLAM NEGERI KENDARI
TARBIYAH DAN ILMU KEGURUAN**

Jalan Sultan Qaimuddin No.17 Kelurahan Baruga, Kendari, Sulawesi Tenggara

Telp/Fax. (0401) 3193710/3193710

Email : iainkendari@yahoo.co.id website : <http://iainkendari.ac.id>

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This is to certify that the research paper by Sri Rahayu S, SID 19010106051, entitled “EFL Students’ Practices of Self-Regulated Language Learning” has been presented in the research examination on 3rd October, 2022 and declared acceptable as one of requirements for obtaining a degree (S.Pd.).

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: **Nur Hasanah Safei M.Pd.** (.....)

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Dekan of Faculty of Education and Teaching Training

Dr. Masdin, M.Pd.

NIP. 196712311999031065

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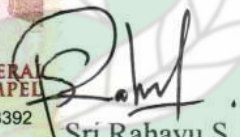
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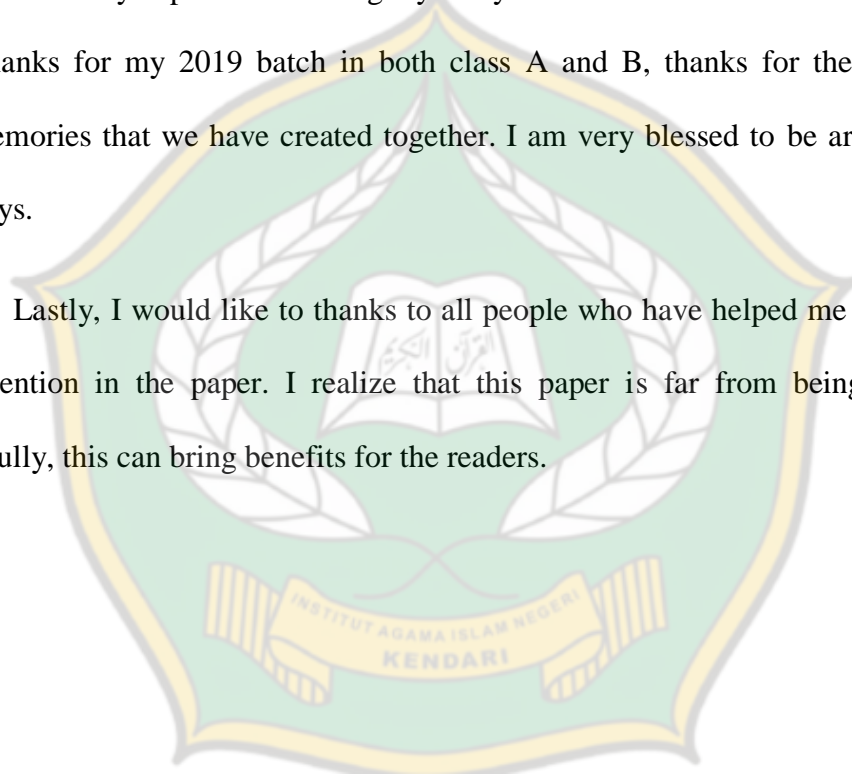
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ABSTRACT

Sri Rahayu S. SID. 19010106051. EFL Students' Practices of Self-Regulated Language Learning in Speaking. Supervised by: Abdul Halim, M.TESOL and Sarjaniah Zur, S.Pd., M.Pd

This qualitative study aims to identify EFL students' practices of self-regulated language learning in speaking. Data were collected from 14 EFL students who enrolled in speaking classes during their study and were also involved as mentoring students that introduced the concept of self-regulated learning. The data from participants was collected using a reflection journal that was distributed online through the Whatsapp group. Thus, the researcher analyzed the data from participants using thematic coding. Through a thematic analysis method, this study revealed various practices of self-regulation that the EFL students have implemented, such as reading practice, watching videos, speaking practice, writing practice, note taking, listening to English content, setting awareness to study, and implementing a healthy lifestyle. Those practices have shown the benefits of developing students' self-regulation in speaking. This study implies to the introducing the concept of self-regulation in the EFL learning context for students, teacher educators, and institutions.

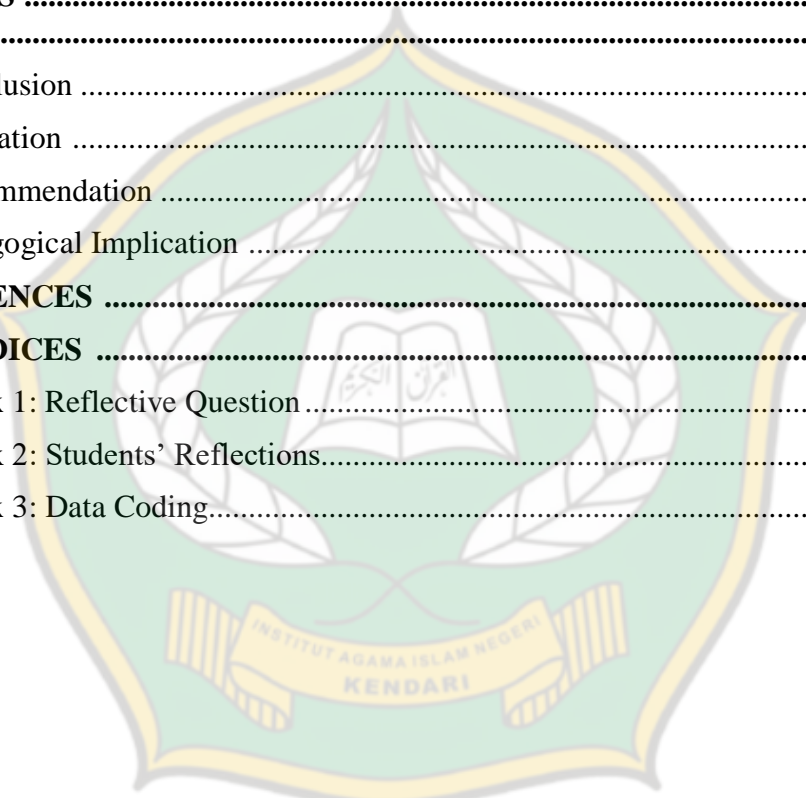
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TABLE OF CONTENTS

TITLE PAGE	i
APPROVAL SHEET	ii
LEGALIZATION SHEET.....	iii
ACKNOWLEDGEMENT.....	vi
ABSTRACT	viii
TABLE OF CONTENTS	viii
LIST OF TABLES	xi
LIST OF FIGURES.....	xii
CHAPTER I: INTRODUCTION	1
1.1 Background of the Study	1
1.2 Scope of the Study	4
1.3 Research Question	4
1.4 Purpose of the Study	5
1.5 Significance of the Study	5
1.6 Definition of Key Terms	5
CHAPTER II: LITERATURE REVIEW	7
2.1 Theoretical Framework	7
2.1.1 Self-regulated in Language Learning	7
2.1.2 Practices of Self-Regulated Language Learning	10
2.1.3 Challenges in the Implementation of Self-Regulated Learning	17
3.1 Previous Study	18
CHAPTER III: METHODOLOGY	21
3.1 Research Design	21
3.2 Setting	21
3.3 Participant	22
3.4 Instrumentation	23
3.5 Data Collection.....	24
3.6 Data Analysis	25
CHAPTER VI: FINDINGS AND DISCUSSION.....	31
4.1 Findings.....	31
4.1.1 Reading Practice.....	32
4.1.2 Watching Videos	34
4.2.3 Speaking Practice	36

4.1.4 Writing Practice.....	38
4.1.5 Note Taking.....	39
4.1.6 Listening to English Content	40
4.1.7 Setting Awareness to Study	41
4.1.8 Implementing a Healthy Life Style	42
4.2 Discussion	43
CHAPTER V: CONCLUSION, LIMITATION, PEDAGOGICAL IMPLICATION, AND RECOMMENDATION FOR FURTHER STUDIES	51
5.1 Conclusion	51
5.2 Limitation	52
5.3 Recommendation	52
5.4 Pedagogical Implication	54
REFERENCES	55
APPENDICES	64
Appendix 1: Reflective Question.....	65
Appendix 2: Students' Reflections.....	65
Appendix 3: Data Coding.....	71



LIST OF TABLE

Table 3.1 Participants Profile.....	23
Table 3.2 Example of Data Coding	27



LIST OF FIGURES

Diagram 4.1 Practices of Self-Regulated Learning.....43

