

**IDENTIFYING BENEFITS OF REFLECTIVE JOURNAL FOR  
EFL TEACHERS: A NARRATIVE REVIEW**



**RESEARCH PAPER**

Submitted in partial fulfillment of the requirements for the degree of  
Sarjana Pendidikan at English Education Department

by

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**KENDARI**

**2023**

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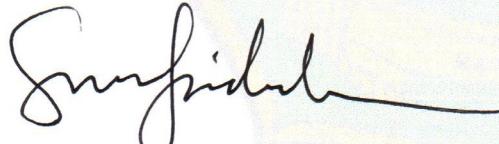
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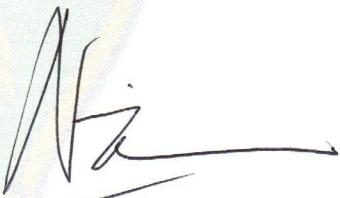
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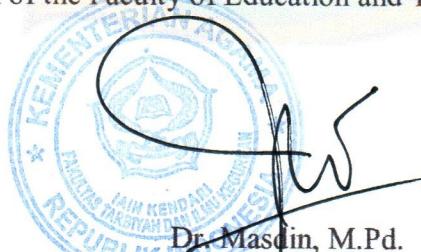
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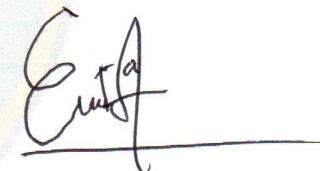
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## **ACKNOWLEDGEMENT**

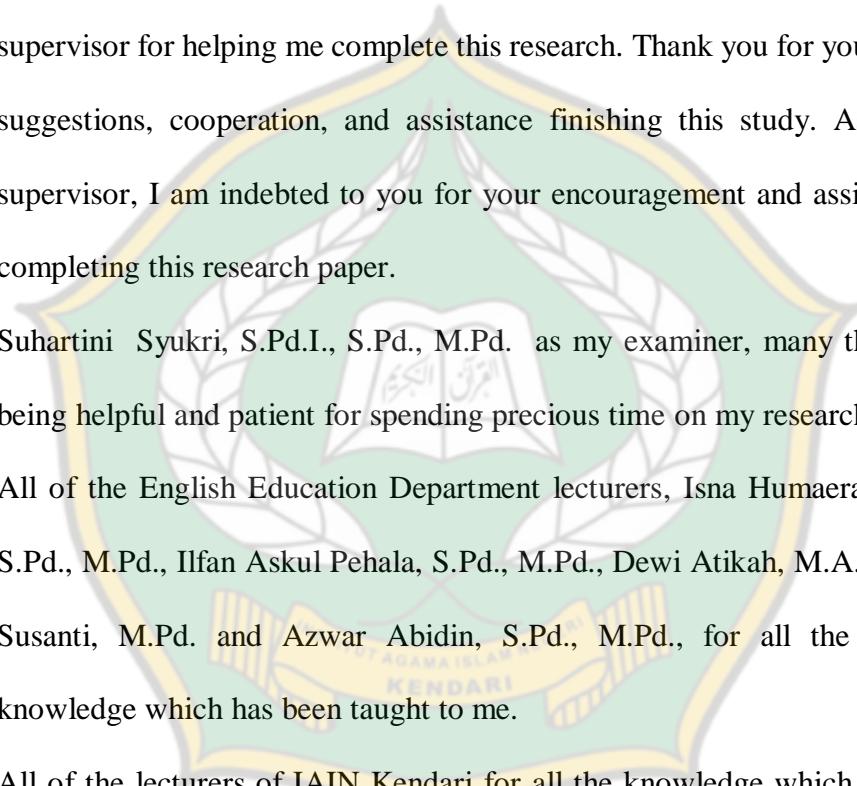
**بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ**

Alhamdulillah, praise and thank to Allah *Subhanahu wa ta'ala*, the world's Lord. Thanks for all His blessing and everything given to me in completing my study and this research paper. Peace be upon our prophet Muhammad *Shalallahu'alaihi wa sallam*, who has guided us from the darkness to the lightness.

While completing this research paper, I realize that it would not be done without help, support, encouragement, contribution, and suggestion from several sides, especially to my parents, Fatmawati and Irwan, as my big motivation in my life, especially in finishing my study.

Therefore, I would like to express my deepest gratitude to those who had helped, supported, encouraged, and suggested me while accomplishing this research paper. That goes to:

1. Prof. Dr. Faizah Binti Awad, M.Pd., the Rector of Institut Agama Islam Negeri Kendari.
2. Dr. Masdin, M.Pd., the Dean of the Faculty of Tarbiyah and Teacher Training.
3. Abdul Halim, M.A.TESOL, the Head of the English Education Department, as the best motivator and lecturer ever who is not merely a lecturer of the English Education Department. Thank you very much for teaching me how to be a good teacher during my study in English Department. Thank you for being care and friendly to your students. I love the way you teach and interact with your students.

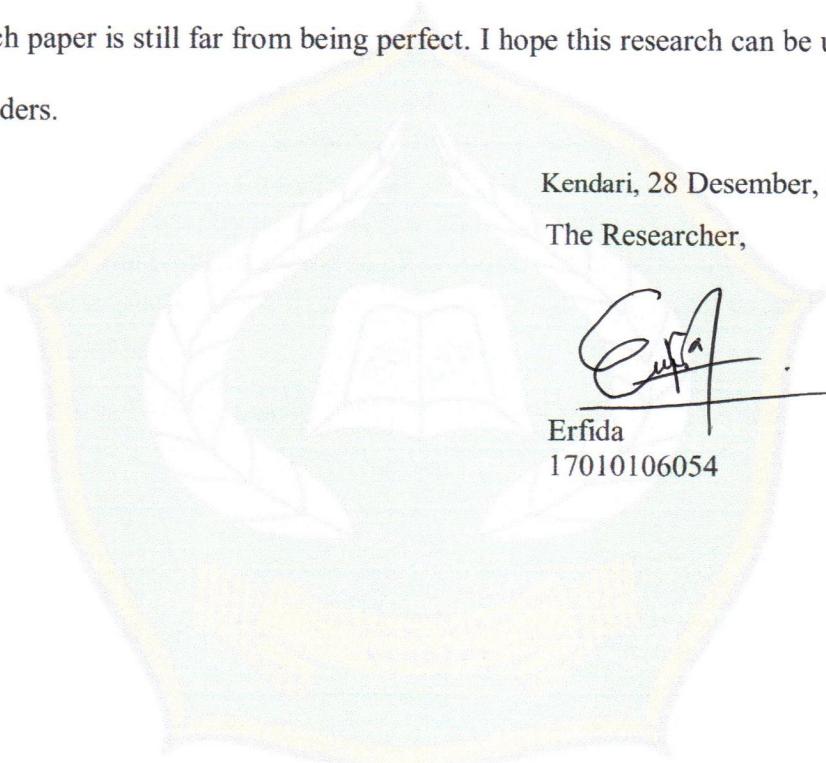
- 
4. Dr. Sitti Nurfaidah, M.Ed., as my beloved supervisor and second parent. You play a crucial role in my research. You have devoted your time to serving as my academic and research paper supervisor while I was enrolled in the English Education Department. I am indebted to you for supporting me and teaching me numerous research, journaling, and writing skills.
  5. Sarjaniah Zur, S.Pd., M.Pd., as a way of saying thanks to my second supervisor for helping me complete this research. Thank you for your helpful suggestions, cooperation, and assistance finishing this study. As a great supervisor, I am indebted to you for your encouragement and assistance in completing this research paper.
  6. Suhartini Syukri, S.Pd.I., S.Pd., M.Pd. as my examiner, many thanks for being helpful and patient for spending precious time on my research paper.
  7. All of the English Education Department lecturers, Isna Humaera, S. Ag., S.Pd., M.Pd., Ilfan Askul Pehala, S.Pd., M.Pd., Dewi Atikah, M.A. TESOL, Susanti, M.Pd. and Azwar Abidin, S.Pd., M.Pd., for all the precious knowledge which has been taught to me.
  8. All of the lecturers of IAIN Kendari for all the knowledge which has been shared.
  9. All the Faculty of Tarbiyah and Teacher Training staff for being nimble in assisting and sharing any information about lectures.
  10. All my friends in TBI 17, especially Herawati S.Pd, and Dhea, also for my senior at university Muh. Nasrullah Cahyadi S.Pd., thank you for your friendship and support.

11. All friends of the Organization and Community. Komunitas Peduli Anak Yatim (KPAY) Kendari, Relawan Peduli & Berbagi (RELIGI) Kendari thank you for your support, for helping me and your prayers.

Last but not least, I would like to thank anyone who cannot be mentioned individually. It does not mean that I forgot about you. My gratitude is dedicated to all of you. Thanks for all your support until I can finish my study. However, this research paper is still far from being perfect. I hope this research can be useful for the readers.

Kendari, 28 Desember, 2022

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## ABSTRACT

Erfida SID 17010106054 “Identifying Benefits of Reflective Journal for EFL Teachers: A Narrative Review” Supervised by: Dr. Sitti Nurfaidah S.Pd., M.Ed. and Sarjaniah Zur, S.Pd., M.Pd.

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The major purpose of this narrative study is to discover the advantages of reflective journals for EFL teachers. The data in this study are drawn from documents that had been previously identified focusing on the narrative of benefit of reflective journals for EFL teachers. The findings identified that in each journal related to the benefit of reflective journal for EFL teachers. This study synthesized the findings that satisfy the pre-determined feasibility through the synthesis matrix. The findings from 10 articles revealed various benefits of teaching journals obtained by EFL teachers, including improving pedagogy, dialogic tools, self-awareness (identifying strengths and weaknesses of the learning process), evaluation tools, developing reflection and reasoning skills, constructing and expanding personal understanding in class room, and understanding learners. This study further emphasizes that there is a need for more approaches to see the benefit of reflective journals.

**Keywords:** Benefit; EFL teacher; narrative review; reflective journal

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## **LIST OF ABBREVIATIONS**

- EFL : English as a Foreign Language
- ETL : English Teaching Language
- ESL : English as a Second Language
- PD : Professional Development.
- RJW : Reflective Journal Writing

